



CONTACT USA

Fall 1999 Training

ORIENTATION

Tuesday, September 14th, 1999, at 7:00 pm
at
Willow Glen United Methodist Church
1420 Newport Ave. (at Minnesota), S. J.

Class held Tuesday evenings each week
September 28th through December 14th
7:00 to 9:45 pm
and one Saturday Workshop in October

A Member of CONTACT USA
Affiliated with LIFE LINE International
and United Way of Santa Clara County

Address Correction Requested

Serve Your Community Thru Listening.



Learn More About Yourself



Improve Your Communication Skills



Become A More Effective Listener NOW



**CONTACT - Santa Clara County
P.O. Box 8021
San Jose, CA 95155**

Non-Profit Org.
U.S. Postage
PAID
Permit No. 1960
San Jose, CA

REGISTRATION FORM

I wish to participate in the CONTACT training program and become a telephone counselor if, after completing the program, both CONTACT and I believe that I am qualified.

- My registration fee is enclosed: _____ per person.
____ Volunteer Training Fee - \$48.00 per person (I am interested in becoming a volunteer telephone counselor.)
____ Personal/Professional Growth Fee - \$100.00 per person (I am interested in taking the training course only.)
____ I plan to attend the ORIENTATION on Tuesday, September 14th - 7:00 pm (no obligation)
____ I wish to have my name added to the list for the Spring 2000 class.

NAME: _____

PHONE : (Day) _____ (Even) _____

ADDRESS: _____ ZIP: _____

Please mail to CONTACT of Santa Clara County, P.O. Box 8021, San Jose, CA 95155. For further information, call (408) 275-6176.

CONTACT Cares PROFILE

CONTACT Cares TRAINING

CONTACT is a 24-hour, all purpose helpline which provides:

- > Telephone listening/caring
- > Crisis Intervention
- > Information and Referral
- > Answering Service for other agencies

The telephones are staffed 24-hrs from a central location by trained volunteers prepared to offer support in times of crisis, stability in times of confusion, empathy in times of pain, and referrals in a time of need.

A core of specially trained professional personnel support the telephone volunteers, providing guidance and assistance in crisis. Extensive computer files enable CONTACT to serve as a link in a network of community resources and human service agencies.

CONTACT, a nonprofit agency, is financially supported by individuals, corporations, foundations, donations from churches, service clubs, businesses, and the United Way.

CONTACT Cares is accredited by CONTACT USA and LIFE LINE INTERNATIONAL.

FOR ADDITIONAL INFORMATION

Please Call
CONTACT Cares
(408) 275-6176

CONTACT Training is a paraprofessional 50-hour course consisting of listening skills, how to help someone in time of stress, and basic understanding of human personality and needs. Individual reading and study, along with lectures by professionals, and facilitated small group work provide the basis for the learning experience. Both experiential and cognitive training are used. We provide personal growth, communications skills, as well as an understanding of mental health and community resources. Twelve hours of apprenticeships with experienced CONTACT volunteers are included. This training course is open to adults and teens. Following acceptance, telephone volunteers are asked to commit to eight hours of service per month on the crisis lines for a minimum of one year. (Limited scholarships are available.)

TEENS AND COLLEGE STUDENTS

Considering a career in psychology or counseling or need to do a field study or internship? Telephone counseling provides you with exposure to hands-on counseling and case management. You'll learn as you go, gaining valuable experience counseling people in real crisis situations. If you're interested in pursuing a career in Psychology, Marriage and Family Counseling, or Social Work, then CONTACT Cares is perfect for you. Our training is an excellent asset to resumes, college and grad school applications.

Benefits of volunteering at CONTACT:

- Gain experience in the field of counseling
- Enhance your communication skills
- Receive community service credit/Field Study and Internship placement
- Add an excellent experience to your resume
- Enjoy a supportive network of like-minded peers
- Earn outstanding letters of recommendation for colleges and employers

TRAINING TOPICS INCLUDE

Orientation
Communications I & II
Crisis Intervention
Family Relationships
Adolescence/Young Adult Issues
Mental Illness
Human Sexuality
Parenting/Parental Stress
Domestic Violence/Child Abuse
Death/Dying
Depression/Suicide
Substance Abuse
Reality Therapy
Caring Confrontation
Community Resources
Job Retention



A United Way Agency